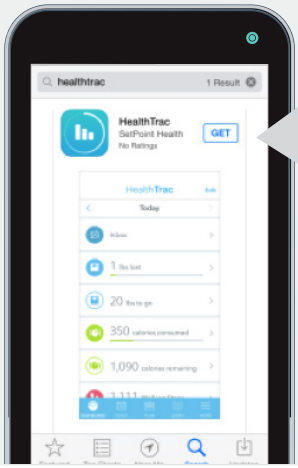
Getting Started with the Healthtrac App

The HealthTrac App is available as a free download to anyone using an iPhone or Android phone.

To download on an iPhone

Go to the App Store and search for: "HealthTrac".



Tap "GET" and then "INSTALL" to download the HealthTrac App.

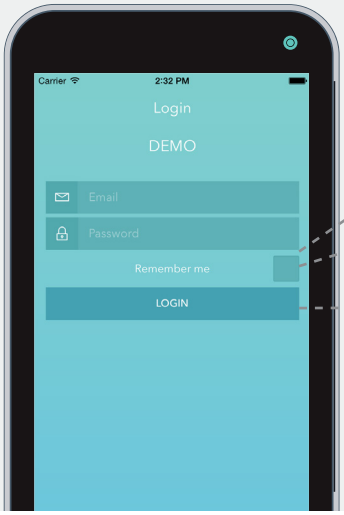
(Note: If asked to enter iTunes password, this is the password used to access iTunes on your iPhone or Apple computer.)

To download on an Android phone

Go to Google Play and search for: "HealthTrac".

Once downloaded, the HealthTrac App can be accessed via this icon.

Navigating the Login Screen



Username - your email address.

Password - - the same as for logging into the website

Select "Remember me" if you would like your login information to be saved for the next time you log in.

After you Log In:

The first screen you see after logging in is called the Dashboard.To navigate to other areas of the app you can click on items in the Dashboard or click on ghe icons at the bottom of the screen.

IMPORTANT: Because the app contains protected health information, you are required to login each time you use the app.